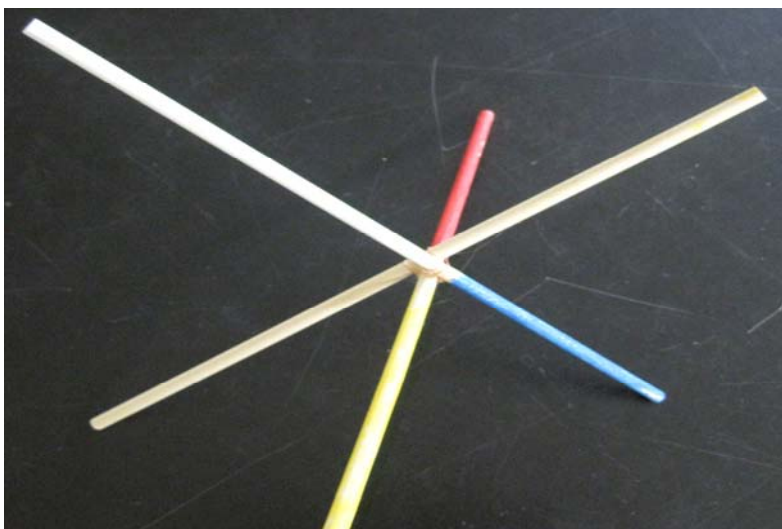


Make 'n Take



Name of Make 'n Take: **Ceremony in the Circle of Life - Teaching Sticks**
(taken from Anna-Leah King's Master's Thesis. U. of S, 2004)

Theme and Topic: **Traditional Teachings – The Circle of Life and the Sacred Number 4**

Name of Teacher: **Barbara McMurtry**

Name of School: **Vibank Regional School - Prairie Valley School Division**

Grade : **Grade 3 and higher**

Date: **February 1, 2010**

Materials: 3 dowels or sticks 12 inches long, wire or yarn for connecting centre, hot glue gun and paint

Ceremony in the Circle of Life - Anna Leah King Thesis 2004, page 53 - 64

http://library2.usask.ca/theses/available/etd-10182007-105323/unrestricted/King_anna_leah_2004.pdf
(Accessed 30/07/10)

Procedure:

1. Read "Ceremony in the Circle of Life" from Anna Leah King's Thesis 2004, pages 53 – 64 at http://library2.usask.ca/theses/available/etd-10182007-105323/unrestricted/King_anna_leah_2004.pdf
(Accessed 30/07/10)
2. Discuss with students the meaning and deeper "spiritual" concepts of above and below according to the story.
3. Have the students work in pairs to make the teaching sticks. Give each group 3 sticks, some wire or yarn or have them use a hot glue gun to join the sticks, Have the students paint the colors of the Circle of Life (i.e. yellow, red, blue and white for Cree colors or yellow, red, black and white for Saulteaux colors. The sticks are ordinary sticks, 12 inches in length tied together at the center.

4. When spread apart, two form an X, with one stick fixed at the centre of this X, when inverted to run in the opposite direction representing the Circle of Life.
5. The X stands for 4 directions and the movement of the 'all power' as all encompassing. The other stick stands for the other three directions, above, below, and the center being the spirit.